



To: Board of Education  
From: Charles Johns  
Date: August 22, 2019  
Re: Concussion Oversight Teams

### **Recommendation**

The administration is seeking approval of the Concussion Oversight Teams which will ensure that we meet legal requirements while we finalize board policy 8600.

### **Background**

Concussions received by participants in sports activities are an ongoing concern at all levels. Recent interest and research in this area have prompted reevaluations of treatment and management recommendations from the high school to the professional level. Numerous state agencies throughout the U.S. responsible for developing guidelines addressing the management of concussions in high school student-athletes have developed or revised their guidelines for concussion management.

Recent state legislation requires the approval of a Concussion Oversight Team for each school. The membership of the team must be approved by the Board of Education. We are currently in the process of updating policy 8600 - Student Athlete Concussions and Head Injuries.

Each concussion oversight team shall establish a return-to-play protocol, based on peer-reviewed scientific evidence, for a student's return to interscholastic athletics practice or competition following the force or impact believed to have caused a concussion.

John Catalano and Steve Rockrohr have worked hard to put together Concussion Oversight Teams for each school and I am confident that they will work together in the best interest of our students.

### **Glenbrook North Concussion Oversight Team**

John Catalano - Athletic Director  
Jean Yang - School Nurse  
Ryan Moran - Head Athletic Trainer  
Humaira Baig - Asst. Athletic Trainer  
Stefanie Trybul - Asst. Athletic Trainer  
Kerri Kotwica - School Counselor  
Dr. Nicole Reams - Neurologist and Associate Director of NorthShore Sports Concussion Program

### **Glenbrook South Concussion Oversight Team**

Steve Rockrohr - Athletic Director  
Julie Shellard - School Nurse  
Tony Catsaros - Head Athletic Trainer  
Lara Cummings - Assistant Principal, Student Services  
Erika Pedersen - School Counselor  
Steve Stanicek - Instructional Supervisor, P.E./Driver Ed./Health  
Dr. Nicole Reams - Neurologist and Associate Director of NorthShore Sports Concussion Program

The governing body of each public or charter school and the appropriate administrative officer of a private school with students enrolled who participate in an interscholastic athletic activity shall appoint or approve a concussion oversight team. Each concussion oversight team shall establish a return-to-play protocol, based on peer-reviewed scientific evidence consistent with Centers for Disease Control and Prevention guidelines, for a student's return to interscholastic athletics practice or competition following a force or impact believed to have caused a concussion. Each concussion oversight team shall also establish a return-to-learn protocol, based on peer-reviewed scientific evidence consistent with Centers for Disease Control and Prevention guidelines, for a student's return to the classroom after that student is believed to have experienced a concussion, whether or not the concussion took place while the student was participating in an interscholastic athletic activity.

Each concussion oversight team must include to the extent practicable at least one physician. If a school employs an athletic trainer, the athletic trainer must be a member of the school concussion oversight team to the extent practicable. If a school employs a nurse, the nurse must be a member of the school concussion oversight team to the extent practicable. At a minimum, a school shall appoint a person who is responsible for implementing and complying with the return-to-play and return-to-learn protocols adopted by the concussion oversight team. At a minimum, a concussion oversight team may be composed of only one person and this person need not be a licensed healthcare professional, but it may not be a coach. A school may appoint other licensed healthcare professionals to serve on the concussion oversight team.